



Sverdrup Nyheter

Sverdrup 4-107
Bismarck, ND

Volume 57
Issue 8 August 2026

President's Brev

Hei Alle Sammen

Hard to believe it's already August. If you are going on the Mystery Bus Tour or want to go on the tour please read below for important information:



(continued from column 1)

MYSTERY BUS TRIP — IMPORTANT PLEASE READ:

When: August 5th, Wednesday, Departure: 8:00 am Return: around 6:00 pm.

Where: Bus will depart from the parking lot of First Lutheran Church, Bismarck 800 N 7th St, Bismarck, ND 58501.

Cost: \$100 per person. Sons of Norway Members will receive a \$50 Scholarship after the trip. Non Sons of Norway guests are welcomed but will not be eligible for a scholarship.

PLEASE: You MUST HAVE: a **Passport** or a **Birth Certificate with a Drivers License**, otherwise you will not be able to participate with tours and dining options.

Please arrive before the bus departs at 8:00 am

Register: Contact Jerry Saude at 527-4068 or email: grammas@bektel.com to register or if you have additional questions. It's not too late to sign up. Looking forward to seeing everyone. Lets fill up the bus.

Beginners Language Class. An 8-week Beginners Norwegian Language Class will be offered this fall, starting after the September Social. This class is free to Sverdrup members. The book being used is: "The Mystery of Nils, volume 1". The classes will be on Tuesday evenings, 6:30 to 8:00 pm. Sessions will be in person at First Lutheran Church, Bismarck or on Zoom. Contact Tom Marple at 663-1147 if you have more questions or to signup.

Lutefisk Dinner Note that we had to change the date to October 10th this year due to a scheduling conflict with the Mandan Eagles. We will soon be asking for volunteers to work at this event either in the kitchen, serving line or in the dining hall. We will also need desserts.

Rosemaling. We are bringing Rosemaling Master, Joan Varty (Minot) to Bismarck in October to put on a two day Rosemaling workshop for Sons of Norway members. You will receive excellent instruction and leave the workshop with a finished project. Space is limited so please contact Tom Marple at 663-1147 if you are interested. Date, time and location TBA.

Membership Social. Normally we hold a new membership Social in October. This year we have moved it to the November Social. Consider bringing a potential new member. We will have a BetterLife representative present to discuss the merger with Sons of Norway and BetterLife.

If you have a talent such as knitting, carving, or nordic cooking, please consider holding a class or workshop for fellow Lodge Members. Starting in October we will continue having members sing selected songs at the socials with practice before hand like we did last spring.

Hilsen Tom Marple

Kalendar

August

- 5 Mystery Bus Trip
(bus leaves at 8 a.m.)
- 15 Ag Fest, ND Heritage
Center 10 a.m.- 4 p.m.
- 21-22 Fjord Folk Fest, Minot
- 27 Business Meeting 7 p.m.

September

- 18 Social, Bismarck Eagles
- 24 Business Meeting

October

- 10 Sverdrup Lutefisk and
Meatball Supper at Mandan
Eagles
- 16 Social
- 22 Business Meeting

**August Bursdager**

Greyson E Brown	04
Carla A Engelstad	04
Joanne M Monson	04
Beverly Fischer	05
Linda M Juhala	05
Kathleen Aune	13
Orrin R Davis	13
Robert E Johnson	13
Norma Padgett	18
Annika G Plummer	20
Blaine F Engelstad	22
Jackson Janus	23
Karen A Jensen	23
Aliyah Trinity Sarenpa	24
Erllys J M Fardal	25
Mike Patrick Nickel	28
Adeline T Thiede	28
Sigurd D Saude	29
Arthur L Olson	30

Fjord Fest

Minot Municipal Auditorium
420 3rd Ave SW, Minot
August 21-22, 2026

Fjord Folk Fest is a family-friendly celebration of Scandinavian heritage featuring the traditions of Norway, Sweden, Denmark, Finland, Iceland, and the Faroe Islands. Enjoy two days of: Live music, folk dancing, storytelling, and Nordic entertainment across two stages.

Dan Haugland

Sons of Norway Insurance Professional
701-866-4572
danielwhaglund@icloud.com

Business Meeting

Sverdrup's officers meet monthly to conduct the business of the lodge. Election of officers will be held in November 2026. If you would like information on the numerous positions that help run this lodge, contact President Tom Marple. The nominating

committee will bring forward a slate of officers in October. Sverdrup Lodge at the District IV Convention in June was named Lodge of the Year in 2024 and Lodge of the Year, Family Lodge of the Year, and Most Compliant Lodge in 2025. We are an active and productive group. Think about sharing your skills, ideas, and time.



An 8-week beginning Norwegian language class will be offered this fall. The beginning and intermediate language classes, taught by Tom Marple, also learn a few songs in Norwegian. Lodge members are invited to join our informal choir who meet and sing at monthly socials. Find these songs on You Tube to become familiar with the music and Norwegian words. Pål sine høner; Per Spelmann; Norge I rødt, hvitt og blått; and Nidelven are good songs for a start.

Sverdrup Nyheter is published once a month by Sverdrup #107 Sons of Norway Lodge, PO Box 1912, Bismarck, ND 58502-1912. There is no charge for the newsletter. For address changes or questions contact:

asolheim@bis.midco.net

Website: www.sofnbismarck.com

Editor

Audrey Solheim 701-223-7891

President

Tom Marple 701-663-1147

Vice President

Dan Sauerwein 218-791-3804

Secretary

Claudia Berg 701-400-5286

Membership Secretary

Nanc Skaret 701-258-4703

Treasurer

Jerry Saude 701-527-4068

Cultural Director

Steve Olson 701-989-2383

Reservations

Nanc Skaret 701-258-4703

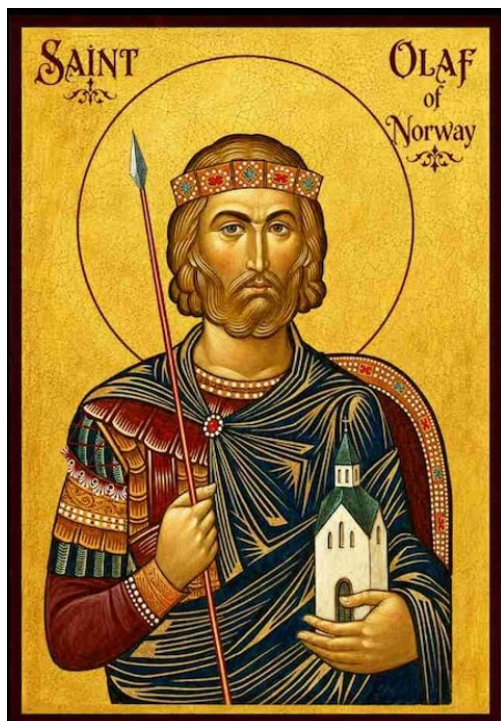
Current Membership 216 youth and adults



The Larks Game



Some of the Sverdrup group that attended the Lark's 701 Giveback Night on July 29th. Eight community organizations were recognized. We were given free tickets, a table to promote Sons of Norway, and one spot in a series of between inning competitions.



SN/BetterLife

BetterLife, Sons of Norway's new partner, held their biennial Leadership Summit in Lincoln, NE, July 17-19. Sons of Norway's leadership were invited to attend. Elected as District IV President at our Bismarck convention is Susan Gobbs, International Director Claudia Berg, and District IV Secretary Jerry Saude attended the conference. Several informative workshops were offered for fraternal organizations. This proved to be an excellent opportunity to network with about 150 BetterLife members.



A service project, featured in this photo, invited attendees to spread a little kindness to military service members and nursing home residents by coloring cards and adding a personal message letting someone know they are being thought of. A meaningful project that Sverdrup and other Sons of Norway lodges could undertake.

July 29th St. Olaf's Day

St. Olaf's Day is a holiday commemorating the Norwegian King-Saint who perished in the battle of Stiklestad on this date in 1030. Olaf II Haraldsson (c. 995 - 1030) was a Viking warrior who became king of all Norway in 1016. Later in life, he converted to Christianity, establishing the Christian faith that spread throughout Scandinavia.

Olaf's death is thought to have been accompanied by miracles and in 1164 Olaf II Haraldsson officially became St. Olaf.

The Nidaros Cathedral

St. Olaf is believed to be buried underneath the Nidaros Cathedral. Completed in the 14th century, Nidaros Cathedral located in Trondheim, is the northern most medieval cathedral in Norway.

Sons of Norway - Sverdrup 4-107
1026 South 3rd #3
Bismarck, ND 58504-6398

Return Service Requested

August 2026



Non-Profit Org.
U.S. Postage
PAID
Bismarck, ND 58501
Permit No. 192

 Fraternal Order Eagles Bismarck Aerie #2237 Bismarck, ND 58501	AgeWell Center (Formerly Burleigh Co. Senior Center) Open M-F, 8 a.m. - 4:30 p.m. 701-255-4848 315 N 20th Street, Bismarck, ND thrive@ageWellND.org	 BISMARCK, ND FLICKERTAIL WOODCARVERS www.flickertail
  NORTHERN PLAINS NATIONAL HERITAGE AREA MISSOURI VALLEY HERITAGE ALLIANCE	ECON-O-STORAGE by Bergans, LLLP Self Storage Rental Units, Long Term, Short Term, Clean, Container Rentals Del Ray Bergan 701-258-9244 Administrator 1343 Republic Street Bismarck, ND 58504	 MISSOURI SLOPE Tailored Care, Inspired Living <i>Get in Touch</i> (701) 221-3018 2500 Valley View Ave. Bismarck, ND www.missourislope.com When living alone is no longer an option, assisted living at Missouri Slope is the answer. It's where you can feel at home.
  EASTGATE FUNERAL & CREMATION SERVICE 2302 E. Divide Avenue P.O. Box 23 Bismarck, ND 58502 Steele, ND 58482 701-223-7322 eastgatefuneral.com PARKWAY FUNERAL & CREMATION SERVICE 2330 Tyler Parkway P.O. Box 23 Bismarck, ND 58502 701-223-1100	 Flash PRINTING <i>Copies Quick as a Flash!</i> Envelopes Business Cards Typesetting Art Department Announcements Bindery Department 904 E Front Ave PO Box 2263 Bismarck, ND 58502 258-2727 Order@flashprinting.com	 Open Road HONDA DUSTY CALDWELL 4120 Memorial Highway Mandan, ND 58554 www.openroad-honda.com 701-663-4023 1-877-663-4023 Sales@OpenRoad-Honda.com   